

ArtShare Circles

Doing Grief Community Healing Project at the Palms

SUNDAY, APRIL 2, 4-5:30 P.M. & WEDNESDAY, April 12, 6-7:30 P.M

**“ArtShare Circles” with Rev. Shea Darian
Telling Our Stories of Healing Through the Arts**

“Art is a wound turned into light.” Georges Braques

What is ArtShare? There are many ways to tell our stories of grieving and healing. The arts are one such path to tell of the grief we suffer and the ways we transform our suffering into healing.

ArtShare Circles are small group gatherings facilitated by Shea Darian. Each participant comes to the circle with a singular artistic offering – a song, poem, painting, carving, sculpture, crafted item, photograph, short story, prose excerpt, etc. to share. Each artistic offering tells a story about a passage or transformation that led to a sense of wholeness and healing for the storyteller.

Rev. Shea will guide participants to contemplate one another’s artistic offerings and consider the common themes of healing transformation that run through the sharing. Artistic offerings can be original works of art or from another artist or creator. Come to experience the healing of artistic sharing in an atmosphere of acceptance and care.

**Interfaith Chapel for Healing – The Church of the Palms
14808 N Boswell Blvd, Sun City, AZ 85351**

Connect@DoingGrief.com or leave a message at 602-315-8480



Shea Darian

“Authentic grieving is like looking into a broken mirror and seeing your whole reflection as if for the first time.”

– Shea Darian, *Doing Grief in Real Life*

Shea Darian is Director of Doing Grief Community Healing Project. She is a multi-faith spiritual director, hospital chaplain, grief educator, and author of *Doing Grief in Real Life: A Soulful Guide to Navigate Loss, Death & Change*. Shea is also the creator of the Model of Adaptive Grieving Dynamics – a tool to help grievers navigate the grieving process in their own way and time.